



MEALS ON WHEELS MENU

June 2018



NOTES:

Subject to change due to availability & weather.

Substitutions made for SPECIAL & RENAL diets.

Office:
570-424-8794

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
										1			2
											10 Grain Pollock		
											Veggie Wrap		
	3		4		5		6		7		8		9
		Orange Curry Chicken & Brown Rice		Cheeseburger		Turkey Sausage & Peppers		Mesquite Chicken		Eggplant Rolotini & Pasta			
		BBQ Pork Sandwich		Dilled Turkey Salad		Fish Filet w/ Cheese		Chicken & Cheese Quesadilla		Egg Salad			
	10		11		12		13		14		15		16
		Salisbury Steak		Chicken Parmesan		Shepherds Pie		Sweet & Sour Pork & Brown Rice		Italian Fish/Brown Rice			
		Turkey Ham & Pickle Salad		Roast Beef Sandwich		Sliced Turkey & Cheese Sandwich		Apple Chicken Salad		Omelet w/ Cheese			
	17		18		19		20		21		22		23
	HAPPY FATHER'S DAY!	Chicken Kiev & Brown Rice		Lasagna Rollup & Meat Sauce		Pork Loin & Apple Gravy		Yucatan Chicken Breast		Pasta Prima Vera			
		Italian Hoagie		Chicken Breast Sandwich		Asian Chicken & Romaine		Chef Salad		Tuna Antipasto			
	24		25		26		27		28		29		30
		Chicken Piccata		Swedish Meatballs		Roasted Turkey w/Gravy		BBQ Pork		Fettucine Alfredo w/Broccoli			
		Cheeseburger		Turkey Ham & Cheese Sandwich		Pasta & Zucchini Salad		Chicken Cheesesteak		Quinoa & Chickpea Salad			