monroe county MEALS ON WHEELS

MEALS ON WHEELS MENU
July 2018

NOTES:

Substitutions made for SPECIAL & RENAL diets.

Office:
570-424-8794

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Baked Turkey Ham Chicken Breast Sandwich	3 Pierogies Dilled Turkey Salad	4 Happy 4th of July! Office Closed	5 Bruschetta Chicken Roast Beef Sandwich	6 Cheddar Cheese Omelette Egg Salad	7
8	9 Chicken Kiev Turkey & Cheese Sandwich	10 Macaroni & Cheese Chicken Quesadilla	11 Sliced Turkey/Gravy Italian Antipasti	12 Honey Mustard Chicken Turkey Ham & Swiss Sandwich	13 Fish Thermidor Tuna Salad	14
15	16 Chicken Picatta Pasta & Zucchini Salad	17 Haluski & Kielbalsa Salami & Mozerella	18 Pork w/ Apple Gravy Dilled Turkey Salad	19 BBQ Chicken Chicken Caesar Salad	20 Baked Ziti Omelette w/ Cheese	21
22	23 Herb Roasted Chicken Fish Filet w/ Cheese	24 Roast Beef / Gravy Taco Salad	25 Suasage & Peppers Chicken Cheesesteak	26 Beef Ravioli Ham & Pickle Salad	27 Teriyaki Cod Veggie & Cheese Quesadilla	28
29	30 Chicken Tenders Cheeseburger	31 BBQ Pork Chicken Salad				