



MEALS ON WHEELS MENU

November 2018



NOTES:

Subject to change due to availability & weather.

Substitutions made for SPECIAL & RENAL diets.

Office:
570-424-8794

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Sausage & Peppers w/noodles Chef Salad	Lemon-dill Cod Pasta & Vegetable Salad	
4	5	6	7	8	9	10
	Chicken Tenders	Meatloaf	Pork Loin with Gravy	Turkey Pot Pie	Fettuccine Alfredo w/ Broccoli	
	Ham & Pickle Salad	Turkey & Cheese Sandwich	Italian Hoagie	Chicken & Cheese Quesadilla	Cesar Salad	
11	12	13	14	15	16	17
	Stuffed Chicken	Baked Ham	Baked Ziti	Roast Beef w/Gravy	Italian Fish over Orzo	
	BBQ Pork Sandwich	Spinach Salad	Turkey Club Wrap	Chicken Breast Sandwich	Egg Salad	
18	19	20	21	22	23	24
	Beef Stroganoff	Mac n Cheese	Chicken Cacciatore	Happy Thanksgiving	Office Closed	
	Dilled Turkey Salad	BLT Wrap	Italian Antipasto	Office Closed	Please Use Frozen Meals Provided Earlier this week.	
25	26	27	28	29	30	
	Pierogi's	Salisbury Steak	Tomato & Beef Casserole	Honey Mustard Chicken	Cheese Ravioli	
	Roast Beef & Cheddar Sandwich	Chicken Salad	Salami & Mozzarella Sandwich	Taco Salad	Garden Salad	